

17. How many **male** sexual partners have you had? _____ N/A
18. How many **female** sexual partners have you had? _____ N/A
19. Did you use protection during your first sexual encounter? Yes No N/A
If No, why or why not? _____
20. Whose suggestion is/was it to use protection? You Partner Both N/A
21. Do you currently use any type protection? Yes No Sometimes N/A
If No, why or why not? _____
22. I am most concerned about protecting against: Pregnancy STDs Both Neither
23. Which type of protection do you use? **Circle all that apply**
Pill Patch Depo-provera shot IUD Condoms Spermicide Nuva Ring N/A
24. The first time you had sex was because of: **Circle all that apply**
Love Attractiveness of partner Desire to experiment Loneliness Fear of partner
Peer pressure Molested Under the influence Planned act Spontaneous act
Fear of losing partner Trust of partner Force-rape Curiosity N/A
25. What type of relationship are you currently involved in? **Circle all that apply**
None Short term Long term Casual N/A
26. Where does sexual activity take place? **Circle all that apply**
Your home Partner's home School Other _____ N/A
27. Are you currently enrolled in school? Yes No
If yes, in what grade are you? 6th 7th 8th 9th 10th 11th 12th Trade School College Level
28. Would you consider yourself successful in school? Yes No
29. How supportive do you feel your parents are/were with your schoolwork?
Very Supportive Somewhat Supportive Neutral Unsupportive Very Unsupportive
- If you are 20 years of age or older, please skip to question 37.**
30. How much unsupervised time do you have before school? _____ hours

31. How much unsupervised time do you have after school? _____ hours
32. How much unsupervised time do you have on weekends? _____ hours per day
33. How do you use your unsupervised time? _____
34. Has your partner or you ever been in each other's home without the knowledge or permission of a parent or guardian? Yes No N/A
35. Do you or your partner spend time in either person's home together unsupervised? Yes No N/A
36. Do you ever skip or have you skipped school or classes in the past to have sex? Yes No N/A
37. Do you drink or use any type of substance prior to having sex? Yes No Sometimes N/A
38. Did you normally go out on a date with your partner(s) before entering the sexual part of the relationship(s)? Yes No N/A
39. Are you aware of the risks of unprotected sex? Yes No
40. Have you had a health class that teaches about the risks of unprotected sex? Yes No
41. Have you ever thought you had an STD? Yes No
42. Have you ever been told by a physician/nurse that you had an STD? Yes No
43. Has a parent or an adult caregiver ever discussed sex with you? Yes No
44. Are you comfortable talking to your parents or caregiver about sex? Yes No
45. Has a parent or an adult caregiver ever provided you with protection? Yes No
46. Are you comfortable asking a parent or caregiver to provide you with any type of protection?
Yes No
47. If you use condoms for protection, where do you get them from? **Circle all that apply.**
I don't use condoms Parent/Guardian Friend Purchase at a store Health Clinic School
Other N/A
48. Do you currently or have you ever been sexually active with more than one partner during the same period of time, such as on the same day or during the same week or month?
Yes No
49. If yes, how many additional partners? _____

50. How often have you done this? Only once 2 to 5 times More than 5 times

For Females Only. If Male please skip to question 60.

51. Are you currently planning to get pregnant? Yes No

52. Have you ever in the past planned to get pregnant? Yes No

53. If you are using hormonal contraception (pill, patch, shot, nuva ring, etc.) do you still insist that your partner use a condom as extra protection against STDs? Yes No N/A

54. Have you ever been pregnant? Yes No N/A If yes, how many times? _____

55. Have you ever had an abortion? Yes No N/A If yes, why? _____

56. Do you view abortion as a form of birth control? Yes No

If yes, Why? _____

57. Do you feel that having a baby will keep the father of the baby in your life? Yes No

58. If you have already given birth, how many children have you had? _____ N/A

59. How do you feel about being a parent at a young age? _____

For Males Only:

60. If your partner uses a hormonal contraception, (pill, patch, shot, etc.) do you still use a condom as extra protection against STDs? Yes No N/A

61. Are you currently trying to get a girl pregnant? Yes No

If yes, why? _____

2. Have you ever gotten anyone pregnant? Yes No N/A If yes, how many times? _____

63. Did the pregnancy end in birth? Yes No

64. Did the pregnancy end in abortion? Yes No

If yes, why? _____

64. How do you feel about abortion? _____

65. Would you agree to abortion again? Yes No

If yes, why? _____

66. Who supports your child/children? _____

67. Do you pay child support? Yes No N/A

68. Have you had two or more women pregnant at the same time? Yes No N/A

69. Did these pregnancies end with a birth? Yes No N/A

70. Did these pregnancy end in abortion? Yes No N/A

If yes, why? _____

71. How do you feel about being a parent at a young age? _____

72. Are you employed? Yes No

INFLUENCES ON ADOLESCENT SEXUAL BEHAVIOR: A NEW TOOL FOR ADOLESCENT HEALTH CENTERS



HEALTHY TEENS COMMUNITY CARE CENTER

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Welcome and Introduction

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- How and why study came about
 - Interviews with patients
 - High number of patients with STDs
 - High number of pregnancy tests
 - High number of youth lacking regular parental supervision, a lot of idle time on their hands

Clinic Background

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- Located in Detroit, Michigan, Healthy Teen Community Center is sponsored by the Detroit Community Health Connection, Inc. and is a FQHC.
- Healthy Teens Community Center has five staff members serving over 500 unduplicated youth per year
- The average return rate is 3 visits per youth.
- Average length of new patient appointment is one hour, after they leave the waiting room.

Clinic Constituents and Services

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- Population is predominately African-American
- Approximately 2-3% Hispanic/Latino and Other
- Approximately 2-3% Caucasian
- Approximately 70% female, 30% male
- Approximately 10% LGBTQ youth
- Average is 17 yrs of age. Range is 10-21
- Serves primarily Detroit and Wayne County. This study represents five Detroit Zip Codes.
- Provides comprehensive care for youth including physicals, STD testing, birth control, counseling and prevention services

Need for an instrument

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- Scant literature on underlying factors of sexual behavior, knowledge, and attitudes of urban youth
- Identified a need to guide effective prevention programming in a clinic setting with high risk youth in Detroit
- Current clinic in-take forms did not adequately provide information on early initiation of sexual activity

Methodology – Participants

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Voluntary, anonymous survey, was given prior to counseling and examination.

Administered with risk assessment forms (GAPS).

Survey completed in 10 minutes.

Surveys were provided a numeric identifier.

Zero refusal rate complete the survey

Methodology – Participants

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- 113 total participants
- Sample of 98 used for analyses
- 83% females 17% males
- Age range from 11 yrs to 22 years, $M = 16.4$ yrs
- 96% African American

Methodology – Participants

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- 78% had previous experience with sexual intercourse
- 62% sexually active at the time of survey completion
- First sexual encounter $M = 15.8$ years
- Number of partners in past 3 months $M = 2.8$ persons
- Mean difference between participant and first sexual partner 2.4 years

REVIEW OF THE INSTRUMENT

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Pass out instrument

Methodology - Instrument

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Questions were developed based upon practice experience

50 questions common to males and females (closed and open-ended)

13 questions for male only, 9 questions for females only

Focus Areas

- Demographic Information
- Sexual behavior
- Health and risk protection knowledge
- Sex related risk behaviors
- Where and when they have sex

Methodology - Process

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- Confirm hypotheses regarding parental monitoring and supervision
- Factor analysis conducted to identify variables of interest using SPSS (statistical analysis program)

METHODOLOGY-RESULTS

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FACTOR 1

1. Parental connectivity
 - comfort with asking about protection
 - unsupervised time in parents' home
 - support from parents

FACTOR 2

2. Risky behaviors
 - protection
 - length of time before sexual activity with unknown partner
 - drug/alcohol use, especially marijuana

METHODOLOGY-RESULTS

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FACTOR 3

3. Sexual behavior

- a. # of partners
- b. Type of sexual activity
- c. Age of first sexual encounter

SURPRISES

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- Attitudes
- Gender specific questions
- Health education questions
- Relationship questions

NEXT STEPS

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- Continue to collect data with larger sample with greater male participation
- Revise the instrument questions
- Consider male specific and female specific questionnaires
- Focus on teen motivation for first sexual encounter
- Focus on activities of teens during unsupervised time
- Focus on parental connectivity/influence on teen behavior
- Apply for IRB

Conclusions

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- Supports current literature on parental connectivity as an important characteristic of youth sexual health
- Future research required to relate self-report motivation of youth and the initiation of the sexual act.
- Pilot separate male and female questionnaires.

Q & A

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